



**Udston Primary School**  
**Relationships, Sexual Health and Parenthood**  
**Position Statement**  
**August 2017**

At Udston we take a holistic approach to promoting health and wellbeing. Working with partners, our approach takes account of the stage of growth, development and maturity of each individual, and the social and community context. Learning in RSHP plays an important part in the Health and Wellbeing curriculum. It will be gradually developed as an integral part of the curriculum and will be delivered in an honest, objective, balanced and sensitive manner. Curriculum for Excellence highlights the important role Health and Wellbeing plays in ensuring that 'children and young people develop the knowledge and understanding, skills, capacities and attributes which they need for mental, emotional, social and physical wellbeing now and in the future.' In line with Curriculum for Excellence's Significant Aspects of Learning, our aims are:

- To teach our pupils about growing up, relationships, gender and diversity through an understanding of respect, care and love.
- To develop their social skills and their understanding of how to maintain positive relationships with a variety of people.
- To demonstrate an awareness of how thoughts, feelings, attitudes, values and beliefs influence decisions about relationships and sexual health.
- To understand the importance of stable relationships and family life, including the complex role and responsibilities of being a parent or carer.
- To build their resilience, confidence, self esteem and sense of responsibility and respect for themselves and others.
- To teach them, at the appropriate stage, about the physical/emotional development of their bodies.
- To teach them about life cycles and reproduction in nature.

#### **Planning, Implementation and Assessment**

Learning in RSHP will build on our pupils' previous knowledge and will be taught throughout the school, through a progressive programme, which meets the needs of all learners and is age and stage appropriate. Learning in RSHP will include class discussion, group and individual activities and the use of educational videos and literature where appropriate. Learners will be assessed on an ongoing basis through discussion and observation. The GIRFEC Wellbeing Indicators will be used as an assessment tool.

#### **Parents/Carers**

All parents and carers will have access to the school's position statement and programme. If a parent or carer has any concerns, they should contact the Head Teacher.

As with all other curricular areas, parents and carers can help with their child's progress in RSHP by speaking to their child about their learning.