Early Level
Home Learning Planner

Literacy

- Download the Cbeebies Storytime App and read Nadiya's Sports Day story.
- Listen and read along to Peppa Pig's Sports Day story.
- Learn all about the Olympic Games in the Olympic Game read along story.
- Design an invitation inviting your family to come along to Sports Day. Try to include details about when and where the sports day will take place.

Link - Nadiya's Sports Day
Link - The Olympics Read Along
Link - Peppa Pig Sports Day

Numeracy

- At Sports Day we use ordinal numbers to record who wins and who is a runner up. The language we use is first, second and third. Sometimes this is written as 1st, 2nd, 3rd. Have a race or play a simple game with your family and say who comes 1st, 2nd or 3rd. You could even use your toys and place them in !st, 2nd and 3rd place. Ask your grown up to take a photo of your toys.
- Ask someone at home to help you set a timer for one minute and then count how many star jumps you can do in that time. Now count how many sit ups you can do.

Sports Day

At Sports Day we win points for our houses. We also dress in our house colours.
Wellcroft: yellow.
Bellhaven: blue
Kelvin: red
Fleming: green

Ask Mummy or Daddy to take a photo of you in your house colour or doing something linked to your house colour.

Boys and girls, when you have completed an activity, ask Mummy or Daddy to take a picture of it and send it to us:

Mrs Brown:

gw09brownjoanne2@glow.sch.uk

Mrs Findlay-Conaghan:

gw12findlayconaghana@glow.sch.uk

Link - Jasper the Penguin Sports Day

Health and Wellbeing

- In your garden, create an obstacle course for your family. Try to think about different obstacles where you might need to crawl, climb, jump, balance and throw.
- Watch Jasper the Penguin compete in the school sports day. What lessons did Jasper learn from participating in the events?

Link - Why Do We Sweat?
Link - How to Feel Your Heartbeat

Science

In PE we talked about the changes in our bodies during and after exercise. Can you remember what we discussed?

- Learn all about how to feel and count your heart rate. Why does our heart rate increase when we exercise?
- Learn all about why our bodies sweat when we exercise and why it is good for us to sweat.

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Expressive Arts

- Design a sports kit for you to wear at sports day. You would need a t-shirt and shorts. You could try to use your house colour in your design.
- Create a rosette, medal or badge for the winners. Think about different materials you could use.
- You could try to make up a song or chant to cheer on your house at sports day.

Health and Wellbeing

- Keep an exercise diary for the week.
  List or draw the exercise you did. It could be indoors (Joe Wicks workout at 9am) or outdoors (going for a walk or scoot).
  You could even send us a photo of you being active!.

Link - Footy Pups

Literacy

Let's use some of our common words to write a sentence:

I can _____ and _____.

Think of what you can do with your body: run, dance, skip, jump and many more. Complete the sentence by choosing two things you are good at and connect them the word 'and'.

Remember to draw a picture of yourself doing these actions.

Remember: neat handwriting, letter on the lines, finger spaces, capital letter, full stop, sounding out tricky works and spelling common words correctly.

Sports Day

Watch a film about sports. Such as Disney's Cars or Planes.

Information

Cbeebies programme 'Footy Pups' is a great show to help you learn some new skills. You could try out the long jump or the egg and spoon race!

Link - Cbeebies Sports Balls Quiz Story

Link - The Tortoise and The Hare

Link - Good Sports Video

Technologies

- Test your knowledge of different sports balls by completing the Cbeebies online quiz.
- Using junk materials, create a mascot for your house. You could have a look at some of the Olympic and World Cup mascots for ideas.

Religious and Moral Education

- It is important to be a good sport/showing good sportsmanship Discuss with Mummy or Daddy what this means.
- Learn how to be a good sport by watching the video below.
- The next time you don't win a game try hard to say well done to the person who did.
- Aesop was a famous writer of fables. These were stories with a special message or meaning.
- Read through the story of The Tortoise and The Hare. What lessons did you learn from this story?